

ARTICULATION AGREEMENT
IN WELLNESS MANAGEMENT
BETWEEN
JAMESTOWN COMMUNITY COLLEGE
AND
SUNY OSWEGO

PURPOSE OF AGREEMENT

This document establishes a transfer articulation agreement between Jamestown Community College and SUNY Oswego. Its purpose is to afford students the opportunity to pre-plan their college careers, and to facilitate the transfer process from Jamestown Community College to the Bachelor of Science (B.S.) in Wellness Management degree program at SUNY Oswego.

GENERAL GUARANTEE OF ADMISSION, STANDING, AND TRANSFER OF CREDITS

Students who graduate from Jamestown Community College with an Associate in Science (A.S.) or Associate in Arts (A.A.) degree are guaranteed acceptance into the B.S. Wellness Management degree program at SUNY Oswego provided they have a minimum Jamestown Community College cumulative grade point average of 2.5. Students who transfer 60 or more credit hours to SUNY Oswego are guaranteed full junior standing. SUNY Oswego will accept in transfer up to 62 credit hours from Jamestown Community College.

GENERAL GUARANTEE OF OPPORTUNITY TO GRADUATE

Students who graduate from Jamestown Community College having earned a minimum grade of C for at least 54 credit hours from the Jamestown Community College courses listed in Appendix A are guaranteed the opportunity to earn the B.S. Wellness Management degree with four semesters of normal coursework at SUNY Oswego.

Appendix A Course Equivalencies

SUNY Oswego Requirement

**Jamestown Community College
Equivalent Course**

I. General Education Requirements (GE 21)*

Writing (Basic Communication) (3 credits)

ENG 102 Composition II (3 credits)

ENG 1510 English Composition I (3 credits)
or ENG 1530 English Composition II

Mathematics (3 credits)

various approved courses (3-4 credits)

any SUNY-approved General Education - Math course
(3-4 credits)

Foreign Language (0-6 credits)

foreign language courses to 102-level (0-6 credits)

foreign language courses to 1520-level (0-8 credits)

Natural Science (3 credits)

various approved courses (3-4 credits)

any SUNY-approved General Education – Natural Sciences
course (3-4 credits)

World Awareness (3 credit hours)

various approved courses organized into four groups –
Choose any one course:

World Awareness - - Fine and Performing Arts (WAFP)
various approved courses (3 credits)

or World Awareness – Humanities (WAHU)
various approved courses (3 credits)

or World Awareness - - Natural Sciences (WANS)
various approved courses (3 credits)

or World Awareness - - Social & Behavioral Sciences (WASB)
various approved courses (3 credits)

Student Choice (15 credit hours)

Select from four or more categories:

Natural Sciences (3-4 credits)
various approved courses

Social & Behavioral Sciences (3 credits)
various approved courses

American History (3 credits)
various approved courses

Fine & Performing Arts (3 credits)
various approved courses

World Awareness (3 credits)
a different course and group from that already completed
above

Choose any one course:

ENG 2510 Masterpieces of World Literature I (3 credits)
or ENG 2520 Masterpieces of World Literature II (3)

or ANT/BIO/CMM 2600 Planet Earth: Critical Topics (3)
or BIO 2620 Tropical Biology Seminar (3)

or HIS 2590 Native American History (3 credits)
or POL 1520 World Politics (3)
or POL 2860 European Union (3)

Select from four or more categories:

Natural Sciences (3-4 credits)
any SUNY-approved General Education – Natural Sciences
course

Social & Behavioral Sciences (3 credits)
any SUNY-approved General Education – Social Sciences
course

American History (3 credits)
any SUNY-approved General Education – American
History course

Fine & Performing Arts (3 credits)
any SUNY-approved General Education –The Arts
course

World Awareness (3 credits)
a different course and group from that already completed
above

Elective (0-3 credit hours)

Any approved GE course at 200-level or above if
necessary*

Needed to meet the required 30 credits only when
specific requirements are met without credit-bearing
coursework. Most commonly, this applies when the
foreign language requirement is met with high school
coursework.

Any approved GE course at 200-level or above if
necessary*

Needed to meet the required 30 credits only when
specific requirements are met without credit-bearing
coursework. Most commonly, this applies when the
foreign language requirement is met with high school
coursework.

*Notes regarding GE 21:

Critical Thinking and Computer and Information Literacy requirements are infused in the major.

Requirements include five courses designated by the major department or area as Advanced Expository Writing courses, including at least one course that emphasizes oral communication skills.

Double dipping in GE 21 is prohibited. No course can be used by a student to fulfill more than one general education category.

Transfer students beginning at SUNY-Oswego in Fall 2013 or later: The SUNY General Education Requirement (SUNY-GER) is 30 credit hours and completion of at least 7 out of 10 SUNY-GER categories; two of the categories must be writing and mathematics. Transfer students having completed the SUNY-GER at a previous institution (or institutions) are exempt from all of Oswego's general education requirements. Upon acceptance at Oswego these transfer students will have completed General Education at Oswego.

Transfer students with an Associate's degree from a SUNY unit (A.A., A.S., or A.A.S.) but without having completed the SUNY-GER are required to complete the Oswego general education program. These students may fulfill the foreign language requirement with an approved 101-level foreign language course.

II. B.S. Wellness Management Requirements (57-59 credits)

A. Core Requirements (21 credits)

HSC 101 Introduction to Health Promotion and Wellness (3 credits)

HSC 310 Disease: Lifestyle and Environment (3)

HSC 332 Scientific Foundations of Fitness (3)

HSC 448 Health Promotion Program Planning (3)

HSC 470 Wellness Skills: Application and Assessment (3)

HSC 488 Evaluation and Research in Health Promotion (3)

Select one under advisement

HSC 397 Exploratory Practicum in Wellness Management (3)

(HSC 397 taken only under advisement by Health Promotion and Wellness department chair) or

HSC 498 Internship in Wellness Management

B. Elective Requirements (18-20 credits)

Select one course from the following: (3 cr)

COM 316 Survey of Health Communication

HSC 230 Health and Technology

TEL 130 Computing Technology & Information Systems for Technology Careers

TED 209 Technical Writing & Literacy

Select one course from the following: (3 cr)

HSC 232 Introduction to Personal Training

HSC 315 Nutrition Concepts

HSC 353 Wellness and Aging

HSC 460 Exercise Prescription and Leadership

PHE 1480 Personal Trainer Certificate Preparation

BIO 2760 Nutrition

Select one course from the following: (3 cr)

HSC 333 Human Response to Stress

HSC 343 Drug Use and Abuse in Society

HSC 363 Emotional Wellness

HSC 386 Wellness for Contemporary Living

PSY 1550 Stress and Coping

HUS 1310 Studies in Alcohol and Chemical Dependency

Select one course from the following: (3 cr)

HDV 313 Human Sexual Development

PSY 340 Social Psychology (3 credits)

PSY 343 Health Psychology (3)

PSY 345 Industrial/Organizational Psychology (3)

PSY 2530 Social Psychology (3)

Select one sequence: (6-8 cr)

Sequence A

ZOO 305/306 Human Anatomy and Physiology I/II 8 cr)

Sequence A

BIO 2510/2520 Anatomy & Physiology I/II (8 cr)

Or

Sequence B

HSC 120 Human Body Systems (3 cr)

HSC 334 Applied Kinesiology (3 cr)

Or

Sequence B

C. Cognate Requirements (18 credits)

BIO 203 Human Biology (3 credits)

ECO 101 Principles of Microeconomics (3)

HRM 385 Organizational Behavior (3)

MGT 261 Business Organization (3)

MKT 250 Marketing Principles (3)

PSY 100 Introduction to Psychology (3)

BIO 1500 Human Biology (4 credits)

ECO 2620 Microeconomic Principles (3)

BUS 2580 Management and Organizational Behavior (3)

BUS 2550 Marketing (3)

PSY 1510 General Psychology (3)

Note: Majors in Wellness Management must earn grades of C- or better in all courses credited to the major (core, elective, and cognate courses). Students earning less than C- will be offered advisement intervention before repeating the course. A course may not be taken a third time without departmental approval.