

JAMESTOWN COMMUNITY COLLEGE
State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Adulthood and Aging

Course Abbreviation and Number: OTA 2520

Credit Hours: 2

Course Type: Lecture

Course Description: Students will focus on the role occupational therapy plays in working with older adults and families across the continuum of care. Students will learn the influence the aging process has on physical, sensory, and cognitive functions and their relationship to functional capabilities. Psychosocial aspects of aging and how environment, culture, and values impact lifestyle and occupational performance will be discussed. Students will share an understanding of theories, issues, and clinical skills specific to practice in geriatric rehabilitation, home health care, long-term care, adult day care programs, and community practice, including wellness and prevention programs.

Prerequisite: OTA 1520 with a grade of C or better.

Student Learning Outcomes:

Students who demonstrate understanding can:

1. Collect, analyze, and interpret data by completing an interest survey and home assessment on a given patient.
 2. Identify sensory-motor, cognitive, and psychosocial changes due to both the normal aging process and related health disorders.
 3. Promote occupational therapy by educating professions, service providers, and consumers by developing and presenting a Wellness project to various community agencies.
 4. Identify and discuss current social and health issues for this population as evidenced through completion of the article review assignment.
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Topics Covered:

Module I ~ Concepts of Aging

- What is Gerontology? What does it mean to YOU?
- OT Practice Models and Best Practices
- Health Promotion and Disease Prevention
- Public Policy

Module II ~ OT Intervention

- OT Theories in Geriatrics; Geriatric Practice Settings
- Documentation
- Cultural Diversity; Ethics with the Elderly; Working with

Families and Caregivers of Elder

- Sexuality; Group Treatment; Use of Medication by Elders;
- Mobility Considerations

Module III ~ Impairments in the Elderly

- Vision & hearing impairments; Continence care
 - Dysphagia; CVA, Alzheimer's and Dementia
 - Psychiatric; Orthopedic; Cardiovascular
 - Pulmonary and Oncology; Hospice
 - Wellness and Aging
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Information for Students

- Expectations of Students
 - [Civility Statement](#)
 - [Student Responsibility Statement](#)
 - [Academic Integrity Statement](#)

• [Accessibility Services](#)

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)

- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
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- Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

