

JAMESTOWN COMMUNITY COLLEGE
State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Psychosocial Concepts/Techniques

Course Abbreviation and Number: OTA 1620

Credit Hours: 2

Course Type: Lecture/Lab

Course Description: Students will be introduced to current occupational therapy and psychological models of care to address the complex needs of individuals with psychiatric and neurobehavioral disorders. Content surrounding mental health theories and trends, diagnoses and medications will be explored. Occupation-based assessment and intervention techniques will be explored and practiced in this course. Through hands on experiences, students will develop individual and group treatment sessions in clinical environment that mirror best practices in mental health.

Prerequisite/Corequisite: PSY 2560.

Student Learning Outcomes:

Students who demonstrate understanding can:

1. Plan and implement a treatment session for a client(s) with psychosocial challenges.
 2. Appraise therapeutic use of self, including ones personality, insights, perceptions, and judgements, as part of the therapeutic process in both individual and group interaction. (B.4.1)
 3. Articulate the complex factors that impact mental wellness.
 4. Use scientific evidence to identify strategies for balancing areas of occupation in an effort to promote health and prevention of disease related to psychosocial challenged. (B.3.4)
-

Topics Covered:

- History of OT in mental health
 - Trauma informed care, restorative justice, response to intervention
 - Mental health/wellness and psychiatric diagnoses through the lifespan
 - Addiction
 - Pharmacology
 - Models of practice/frames of reference related to mental health treatment
 - Intervention planning
 - Documentation
 - Safety techniques
 - OT evaluation
-

Information for Students

- Expectations of Students
 - [Civility Statement](#)
 - [Student Responsibility Statement](#)
 - [Academic Integrity Statement](#)
 - [Accessibility Services](#)
Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.
 - [Get Help: JCC & Community Resources](#)
 - [Emergency Closing Procedures](#)
 - Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

| | | | | | | | |
|-------|--------|-----|--------|-----|--------|-----|-----|
| A=4.0 | B+=3.5 | B=3 | C+=2.5 | C=2 | D+=1.5 | D=1 | F=0 |
|-------|--------|-----|--------|-----|--------|-----|-----|
 - Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.
-

Effective Date: Fall 2021