

JAMESTOWN COMMUNITY COLLEGE
State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Health Assessment

Course Abbreviation and Number: NUR 2970

Credit Hours: 3

Course Type: Lecture

Course Description: Students' knowledge, skills, and expertise will increase in all aspects of nursing health assessment: obtaining health histories; performing physical assessments; recognizing normal assessment findings and deviations from the normal; and recording accurate, concise, and clear data. Emphasis is on performing systematic health assessments of adults, incorporating developmental principles and psychological, sociological, and cultural aspects. To a lesser degree, child assessment is integrated into the course. Laboratory for integration of theory and skill mastery is included. At the end of the semester, each student will perform a health assessment on a selected client and record findings.

Prerequisite: NUR 1510 or RN or LPN licensure.

Student Learning Outcomes:

Students who demonstrate understanding can:

1. Conduct and document a systematic comprehensive health history.
 2. Complete and document a physical examination on an adult client utilizing the techniques of health assessment.
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Topics Covered:

1. Introduction to Health Assessment
 - a. developmental tasks
 - b. mental health assessment
 - c. nutritional assessment
 - d. the interview
2. Health History
3. Physical Examination Techniques and Documentation
 - a. respiratory assessment: the lungs and thorax
6. Assessing Sexuality and Reproductive Function
 - a. assessment of the breasts and axilla
7. Assessing Activity and Exercise
 - a. cardiovascular assessment: the heart and circulation
8. Assessing Nutrition and Elimination
 - a. abdominal assessment
9. Assessing Cognition and Perception
 - a. mental status assessment
 - b. cranial nerve assessment
 - c. motor function and reflex assessment
 - d. sensory assessment
10. Assessing Sexuality and Reproductive Function
 - a. assessment of the female genitals and pelvic structures
 - b. male genital and inguinal assessment
 - c. assessment of changes during pregnancy
11. Assessing Health Perception and Health Management
 - a. testicular self-examination
 - b. breast self-examination

The following classes will include health assessment across the life span:

1. Assessing Nutrition and Metabolism
 - a. integumentary system assessment
 - b. oral cavity
 - c. thyroid gland
2. Assessing Activity and Exercise
 - a. neck veins
3. Assessing Lymphatic System
4. Assessing Cognition and Perception
 - a. ear and hearing assessment
 - b. eye and vision assessment
5. Assessing Activity and Exercise

Information for Students

- Expectations of Students
 - [Civility Statement](#)
 - [Student Responsibility Statement](#)
 - [Academic Integrity Statement](#)
- [Accessibility Services](#)

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
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- Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Fall 2021